

# MESSAGE FROM REEVE KIDD

March 20th, 2020

## COVID-19—Update #5



As COVID-19 pandemic is evolving quickly and updates are emerging daily, we want to assure our residents that the Township is monitoring new information as it becomes available in order to be able to ensure the health and safety of our residents.

## **Continued Need For Social Distancing**

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Social distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak. With patience and cooperation, we can all do our part.

This means making changes in your everyday routines to minimize close contact with others, includina:

- avoiding non-essential gatherings;
- avoiding common greetings, such as handshakes;
- limit contact with people at higher risk like older adults and those in poor health;
- keeping a distance of at least 2 arms-length (approximately 2 metres) from others

On behalf of Council, I would like to thank all residents for continuing to practice social distancing and proper hand hygiene on order to reduce the spread of COVID-19. For the latest information on COVID-19.

### **Check In With Others**

Remember to check in via phone, email, Facebook, etc. with any neighbours, friends and family members, who may be feeling anxious or simply lonely during this difficult time or who may need assistance with accessing daily essentials.

#### Ontario Tele-Health COVID-19

Ontario Tele-Health has posted a self-assessment tool for COVID-19 to determine if you seek further care. Please follow this link to access the tool:

https://www.ontario.ca/.../2019-novel-coronavirus-covid-19-se...

The Township will continue to monitor the situation as it evolves and take direction from the Federal government, Provincial government and Health Unit. As always, we encourage all residents to be prudent and follow the directive from the Health Unit on how to protect themselves and their family: https://healthunit.org/

Sincerely Reeve Richard Kidd